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# Honoring Our Past, Energizing Our Future

by **Rick Zellen, Chapter President**

We are nearly one month away from kicking off our Lunch & Learn sessions. Your Chapter Board has been very busy this summer planning to address our strategic goals that I reported last month. I hope you have enjoyed staying informed throughout the summer. I am especially enthusiastic about our theme this year, "Honoring our Past - Energizing our Future". This theme, as you may note, is the same as the 20th Anniversary of the AIHA-RMS/ASSE Fall Tech Conference. As you look around our Society and our Chapter, you can't help but notice how much success this Chapter has enjoyed. The Chapter is proud of the leaders we had a hand in developing...and we should be!

- Trish Ennis, former Chapter President - now Society President
- Christine Sullivan - VP of Professional Development
- Michael Lorenzo - Region II Vice President
- Dustin Richartz, Region II, Area B Director
- Rick Zellen - Chapter President and Assistant Administrator of the Construction Practice Specialty

As important as it is to celebrate our success story, it is even more important that we honor its legacy by doing our best to ensure a bright future for the chapter, society, and one another.

"The ASSE board was founded in 1911, and is the oldest safety society representing more than 34,000 EHS professionals located worldwide. It was formed in 1911 after the deadly Triangle Shirtwaist Factory fire to enhance safety with the mission "to

promote harmonious action in safety work and to educate all members in matters relating to industrial and accident prevention".

The echoed voices of our past are key to building the leaders of our future. Thus, the second half of our theme is "Energize our Future" and the year will be spent focusing on both.

One of the key ways we can energize our future is by contributing to the Bervin Hall Memorial Scholarship. I admit, I never knew Bervin, but from what I have heard, he is not much different than many of the mentors I've had in my life. It is for this reason that I have not wanted to leave my position as Foundation Liaison. I am proud to have helped in fully funding the Bervin Hall Memorial Scholarship. Five years ago when I accepted this role, we had roughly \$6,000 in that fund. We now have over \$43,000. A very important goal I have this year is to reach the benchmark of \$55,000. This is an attainable goal that I hope you'll consider being a part of. Next time you visit the [chapter website](#) you'll notice a thermometer linking you to the donation page. To make a donation, follow the link and select the "other" radio button and type in "Bervin Hall Memorial Scholarship". The thermometer will be updated monthly. Please consider helping us reach our goal of \$55,000 by next May!

Our Executive Meeting is the second Friday in August. Please stay tuned for additional updates shortly thereafter.

Please contact me or any of the other board members for suggestions or ideas you have to enhance your membership experience. I hope to see you September 9th.



The first ASSE lunch & Learn for the 2014-2015 fiscal year is scheduled for September 9th. The topic will cover a new tool that will help businesses prepare for an emergency. The program will be presented by Linda Krikorian of the American Red Cross.

As we know, emergencies can have a huge impact on businesses. Most businesses try to plan for emergency response, but only 30% have a continuity plan in place. Without a well thought out business continuity plan, 40% of businesses never reopen after an emergency and 80% fail if not reopened in 30 days. At our meeting in September, we will learn about the **Ready Rating Program**. As the American Red Cross states, the program is free, it is easy and the time to prepare is now!

By attending you will learn:

- How to dramatically improve your level of preparedness

- Receive a customized report on your preparedness
- Access to a customized emergency response plan using on-line tools

Plan to attend the kick off meeting scheduled for Sept 9th. The meeting will be held in Dahlia Room at the Wheat Ridge Recreation Center, 4005 Kipling Street, Wheat Ridge, Colorado 80033 ([Click HERE for map](#)). Registration will start at 11:00 AM. Lunch will be served at 11:30. The presentations will begin at 11:45 AM with closing comments and meeting wrap-up at 1:00PM. The cost for this lunch is \$18.00 for those who RSVP and \$23.00 without an RSVP.

The 2014-2015 ASSE board looks forward to seeing all Colorado Chapter members at this meeting. **Mark your calendars and register in the coming weeks.**

### ASSE Lunch & Learn Calendar 2014-2015

Cost is \$18, or \$23 (w/o RSVP)

Date	Start Time	Location
Sept 9th	11:00 AM	Wheat Ridge Rec Center
Oct 14th	11:00 AM	Blue Bonnet Restaurant 457 S. Broadway
Nov 11th	7:30 AM	Wheat Ridge Rec Center
Dec 9th	11:00 AM	Blue Bonnet Restaurant 457 S. Broadway
Jan 22nd	11:00 AM	TBD
Feb 10th	7:30 AM	Wheat Ridge Rec Center
Mar 10th	11:00 AM	Blue Bonnet Restaurant 457 S. Broadway
April 14th	11:00 AM	Wheat Ridge Rec Center
May 12	11:00 AM	Blue Bonnet Restaurant 457 S Broadway

# 20th Annual AIHA-RMS & ASSE CO Chapter Technical Conference

September 16th & 17th, 2014

Arvada Center for the Performing Arts

The 20th Annual Fall Technical Conference Registration is now open!



**Donate to the  
Bervin Hall Scholarship**

**\$55,000**

**\$43,852**

Visit the ASSE Foundation's Donation page and direct your gift to the Bervin Hall Scholarship

[Click Here to Donate to the Bervin Hall Scholarship](#)

**Our 4th Annual Clay  
Shoot will be**

*New address?*

**i UPDATE YOUR INFO!**

*Updated email?*

Have a new job or credential? Did you move or change your contact information? Update your profile online or by phone.

To do it yourself, simply [log in to the ASSE web site](#) and click on the "Update Your Info" link on the right side of the screen. Or, if you prefer to have customer service help you with updating your info, call: 847-699-2929 or email: [customerservice@asse.org](mailto:customerservice@asse.org)

Don't forget to subscribe to one or more Practice Specialties so you can meet peers within the same practice specialty!



Air is moving at 1000 fpm in an 8" duct. The air moves through a transition to a 6" duct. What is the velocity pressure of the air in the 6" duct?

- A. 0.020" H<sub>2</sub>O
- B. 0.197" H<sub>2</sub>O
- C. 0.444" H<sub>2</sub>O
- D. 1.778" H<sub>2</sub>O

October 3rd at  
[Colorado Clays in  
Brighton](#). Registration  
information and  
details coming soon.  
Watch your email for  
more information.

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Dear Colleagues,

The Colorado Department of Public Health and Environment recently partnered with [El Centro Humanitario](#) (a Denver day laborer organization) to host a project through the [AOEC Occupational Health Internship Program \(OHIP\)](#).

Melissa Bowman and Jeffrey Vredenburg arrived in Denver in June. Both moved here from out of state for the summer, specifically for this project. They have been working tirelessly to interview El Centro workers and employers, and to develop and conduct health and safety training for El Centro clients. No small endeavor for an 8-week project!

Please join us **Wednesday, August 13, 10:00 AM** to hear about their experiences and the outcomes of this project. The location is CDPHE's Main Building A, Rachel Carson Room (4300 Cherry Creek Drive South, 1st floor).

Please feel free to share this invitation with your colleagues, and let me know if you have any questions.

Hope to see you there!



Jerry Salgado, CHST

Colorado Chapter President-Elect & Events Chair 2014-15

**1. Briefly describe your position.** I work in the field visiting our projects in progress and assist Superintendents with safety oversight and risk assessment. I really enjoy being able to interact with

workers in the field and encourage everyone to go home injury free.

**2. How did you get involved in safety as a profession?** Ironically, I was initially hired as the Hispanic Employees Liaison for a contractor but was then thrust into the HR and Safety roles when the position was vacated. Working with the Hispanic labor force, I felt compelled to share information in their language so that they could gain a greater knowledge of why they were to work safely. This then became a passion for me to help all workers become more efficient while working safe.

**4. What are you working on these days?** My week consists of traveling to a number jobsites in Colorado and Wyoming. We are building schools, hospitals, multi-use high rises, and church buildings to name a few. I was part of the project team that built the \$286M addition to the University of Colorado Hospital which recently attained a Silver LEED rating at the Anschutz Medical Campus in Aurora, CO.

**5. How long have you been involved in ASSE and how have you benefited?** I have been an ASSE member for six years and last year I volunteered as the Events Chair. This year I was elected as President-Elect. While there are many benefits, the two that stand out the most for me are the networking and being involved with the community at large. I am continuously impressed by the caliber of professionals involved with ASSE and have gained leverage in my career by having access to a group of more than 35,000 members worldwide.

**6. Tell us a fun fact about yourself.** I am the youngest of fifteen children and the only one born in the US. I was my parents' translator from a young age and I'm proud to be an American.

**7. Tell us a little bit about your personal self (e.g., where do you live, kids, pets, etc).** My family and I love to travel. In the last couple years we've been to Paris, London, and Madrid. I live with my beautiful wife, two daughters, and my grandson in Thornton. Living in Colorado, there's plenty to do, so we love the outdoors especially the summer to enjoy camping, bike riding, playing volleyball, and barbequing so the whole family can join in the fun of being outside. Our girls and grandson make sure laughter is a big part of our day.



**Test Prep Answer:**

The correct answer is B: 0.197" H<sub>2</sub>O Click [HERE](#) for explanation



[Re-energize your safety management program for better safety performance. October 23-24, Denver, CO](#)



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